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| Business man pulling a block from Jenga tower |
| Leadership Isn’t a Sprint but a Marathon |
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| Defining Your Leadership Through Values  |
| Summary |

True leadership begins from within. It’s not just about the position you hold—but the person you are. Your impact as a leader is defined by your core values and the characteristics you consistently live out.

Ask yourself: If your colleagues were asked to describe you, would their words reflect the values you stand for? Would they highlight the traits you believe define strong, servant-minded leadership?

Join me for an engaging and reflective session where she will guide you through seven foundational characteristics of effective leaders— the very traits that inspire trust, build teams, and drive meaningful change.

In this session, you will:

* Identify which characteristics are your current strengths.
* Reflect on which traits you may need to strengthen.
* Explore how your values align with those of highly effective leaders.
* Discover how to lead with authenticity, clarity, and intention.

This session is more than a conversation — it's a call to action. By understanding and embodying the principles of authentic leadership, you’ll be equipped to lead with purpose and shape a better future for those around you.

**Leadership isn’t just what you do — it’s who you are. It starts with you.**

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| When you leave today: |

* The seven characteristics of leadership.
* Starting your vision board of strengths and opportunities.
* Where do you want to be in 10 years.